



PLANNING

ÉLITE PILATES

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 Elite Pilates

 Elitepilatesbyalda

Segreteria:

dal lunedì al venerdì

9.00 -19.00

Sabato su appuntamento

LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ
Pilates Studio 9.30 -10.20	Pilates Matwork 9.30 -10.20		Pilates Studio 9.30 -10.20	Pilates Matwork 9.30 -10.20
	Pilates Circuit Studio 10.30 -11.20		Pilates Matwork 10.30 -11.20	Pilates Studio 10.30 -11.20
Pilates Studio 12.45 -13.35	Pilates Matwork 12.45 -13.35	Pilates Circuit Studio 12.45 -13.35	Pilates Matwork 12.45 -13.35	Pilates Circuit Studio 12.45 -13.35
	Pilates Circuit Studio 17.30-18.20		Pilates Studio 17.30-18.20	
Pilates Studio 18.30 -19.20		Pilates Matwork 18.30 -19.20	Pilates Studio 18.30 -19.20	
Pilates Matwork 19.30 -20.20		Pilates Studio 19.30 -20.20	Pilates Studio 19.30 -20.20	